

NEW RELEASES

BEACH CALLING

A Devotional Journal for the Middle Years and Beyond

Missy Buchanan

Spiritual lessons for the journey of aging from an inviting classroom—the beach

Aging doesn't take much effort—all you have to do is breathe. Aging faithfully is different. It requires intentional effort to stay focused on God as you make your way through a world of youth and change.

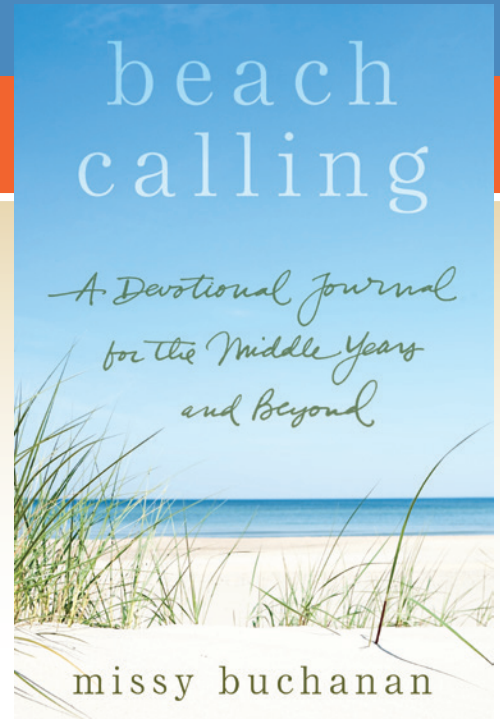
Many women dread aging and resist thinking about it. Yet God designed the human body to change over time, and growing older is part of God's plan. How we handle the changes that accompany aging reveals much about our spiritual maturity.

Beach Calling takes a fresh approach to aging. Missy Buchanan uses comforting imagery from the beach and ocean to engage readers in spiritual reflection. In this devotional journal for women, she guides readers to explore and embrace God's plan for growing older.

Each devotion focuses on a familiar aspect of beach life and offers a parallel lesson on aging. Each reading contains journaling prompts that invite readers to capture their thoughts in the journaling space provided. *Beach Calling* helps women accept and prepare for life transitions, including how to navigate the challenges of loss and decline. This inspiring resource encourages readers to discover the hope and joy that faithful aging can bring.

ABOUT THE AUTHOR

Missy Buchanan is the best-selling author of multiple resources for older adults, including *Living with Purpose in a Worn-Out Body* and the devotional calendar *Spirit Boosters for the Journey of Aging*. Buchanan travels frequently to speak about issues of aging to churches, conferences, and senior living communities.



PUB DATE: JULY 2019

HARDCOVER WITH CONCEALED SPIRAL BINDING

\$21.99 978-0-8358-1877-3

PAGES: 128 TRIM SIZE: 6 X 9

RELIGION / CHRISTIAN LIVING / DEVOTIONAL JOURNAL

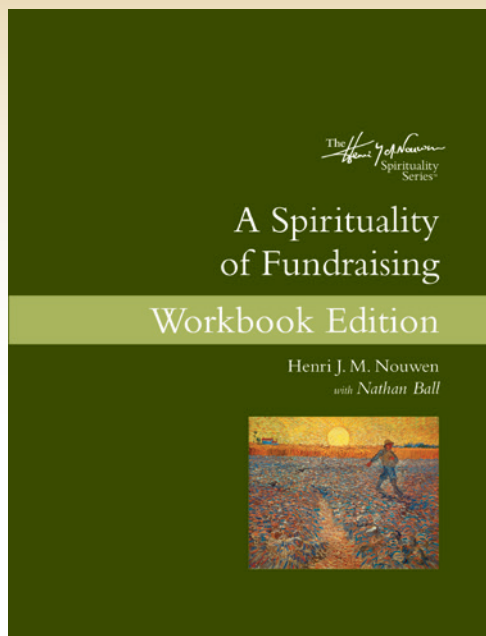


TARGET AUDIENCE

- Women age 45 and beyond
- Women who want to ponder what it means to age faithfully
- Women who fear growing older
- Family members and friends who buy gifts for women age 45 and above

KEY FEATURES

- Hardcover with concealed spiral binding and lay-flat design
- Inspiring and thoughtful meditations
- Reflection questions that encourage readers to think about their spiritual lives
- Space in each devotion for journaling
- A hopeful yet realistic approach to the challenges of aging



A SPIRITUALITY OF FUNDRAISING WORKBOOK EDITION

Henri J. M. Nouwen with workbook by Nathan Ball

The why—and how—of faith-based fundraising

Henri J. M. Nouwen taught us why. Now, Nathan Ball helps us discover how.

For years, fundraisers for faith-based nonprofits have been inspired by Henri Nouwen’s words: “Fundraising is, first and foremost, a ministry.” In the brief but impactful sermon-turned-book *A Spirituality of Fundraising*, Nouwen asserts that fundraising is more than an effort to support a common goal; it involves the calling and prayer for a common mission.

While serving alongside the famous priest and author in a L’Arche community for disabled persons, Nathan Ball learned firsthand from Nouwen. In *A Spirituality of Fundraising Workbook Edition*, Ball provides a how-to guide to accompany Nouwen’s teachings. This new release from Upper Room Books combines the work of Nouwen and Ball to provide inspiration as well as practical tools for fundraisers—both professional and volunteer—whose ministries rely on donations.

This workbook edition includes questions for reflection, discussion prompts for volunteer groups, suggestions for putting theory into practice, and the complete text of its best-selling predecessor, *A Spirituality of Fundraising*.

PUB DATE: JULY 2019

PAPERBACK \$14.99

978-0-8358-1880-3

PAGES: 112 TRIM SIZE: 7.5 X 9.25

RELIGION / CHRISTIAN LIVING / STEWARDSHIP & GIVING



TARGET AUDIENCE

- Church leaders
- Fundraisers for faith-based organizations
- Nonprofit executives
- Volunteer groups

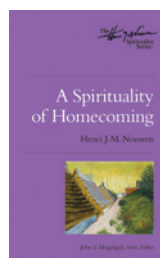
KEY FEATURES

- The complete text of *A Spirituality of Fundraising* by Henri J. M. Nouwen
- Reflection questions
- Discussion prompts for volunteer groups
- Action steps

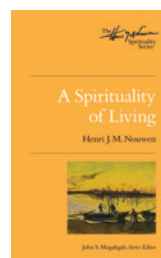
ABOUT THE AUTHOR

Nathan Ball met and shared community life with Henri Nouwen in Jean Vanier’s L’Arche Daybreak community for over 10 years. Their friendship and Nouwen’s spiritual vision had a life-changing impact on Nathan, who has had various leadership roles within the L’Arche movement. For the past 20 years, he has been heavily involved in various aspects of fundraising.

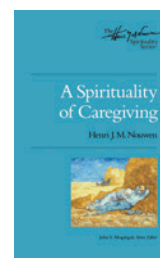
ALSO BY HENRI J. M. NOUWEN



978-0-8358-1114-9
\$7.99



978-0-8358-1088-3
\$7.99



978-0-8358-1045-6
\$7.99



WE ARE THE CHURCH . . . LET'S ACT LIKE IT

A Study on the Book of Acts

Linda Tower Pevey

**Becoming the world-changing church that
Jesus intended**

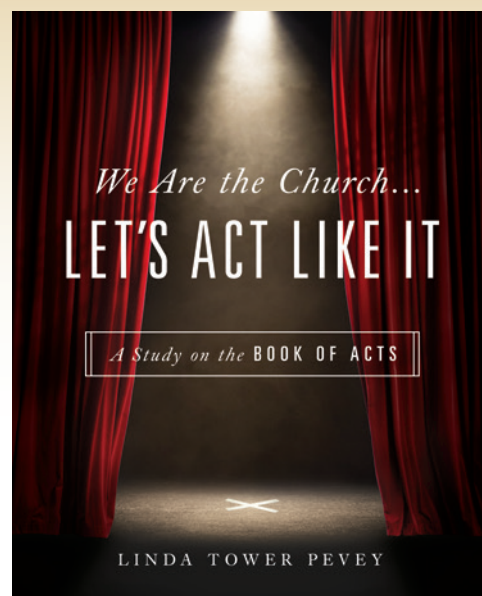
Many people think the church has become a social club with little impact on the world, but that is not God's plan for the church. *We Are the Church . . . Let's Act Like It* takes readers through the book of Acts, looking at what it means to be the church of Jesus Christ, the world-changing church that Jesus intended.

Problems in the church are nothing new. The book of Acts is full of them. In *We Are the Church . . .* Linda Tower Pevey offers the church practical and biblical ways to live out its mandate to be a church that positively impacts its community and the world.

We Are the Church . . . Let's Act Like It is a 7-week study that helps readers see the biblical vision for the church and a vision for what the church can be today. In it, Pevey offers encouragement that the church can truly be a transformative presence in the world, just as the early church was in the book of Acts.

ABOUT THE AUTHOR

Linda Tower Pevey is lead pastor of Bethesda United Methodist Church, Preston, Maryland. Prior to her appointment at Bethesda UMC, she served as associate pastor at Christ UMC, Salisbury, Maryland, where she developed and led a thriving churchwide small-group ministry. Linda holds a Master of Divinity from United Theological Seminary, Dayton, Ohio.



PUB DATE: JULY 2019

PAPERBACK \$11.99

978-0-8358-1883-4

PAGES: 96 TRIM SIZE: 7.5 X 9.25

RELIGION / BIBLICAL STUDIES / NEW TESTAMENT /

JESUS, THE GOSPELS & ACTS

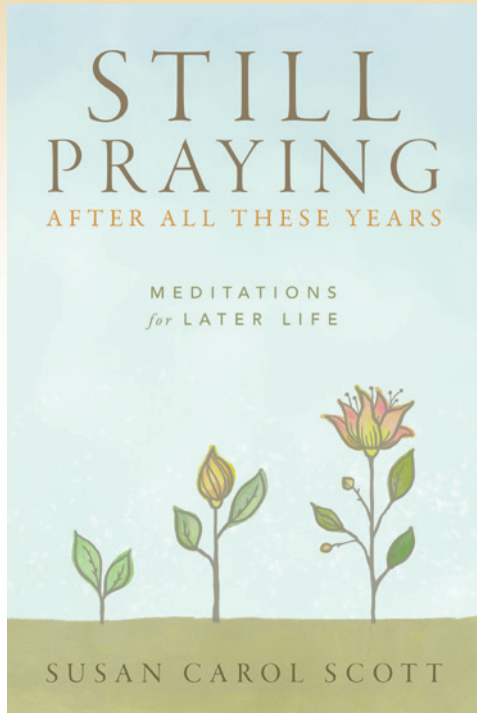


TARGET AUDIENCE

- Church leaders
- Small-group leaders
- People interested in the book of Acts

KEY FEATURES

- An easy-to-use Leader's Guide
- Weekly interactive group activities and discussion questions
- A daily reading guide for the book of Acts
- Sermon Starters to engage church members not involved in the study



PUB DATE: AUGUST 2019

PAPERBACK \$9.99

978-0-8358-1886-5

PAGES: 128 TRIM SIZE: 6 X 9

RELIGION / CHRISTIAN LIVING / DEVOTIONAL



TARGET AUDIENCE

- Older people who have experienced loss of function that limits their mobility and ability to care for themselves
- Family members who provide care and support to aging loved ones
- Chaplains, clergy, and laypersons who minister with the frail elderly

KEY FEATURES

- Statements and questions voiced by persons in late life
- Enlarged print
- Short, accessible, and inspirational reflections and prayers
- Suggested practices that invite readers to reflect on God's activity in their lives and/or to live their faith in a practical way

STILL PRAYING AFTER ALL THESE YEARS

Meditations for Later Life

Susan Carol Scott

Reassurance of God's presence in the later years

People in the later years of life face many changes, many that are not of their own choosing. *Still Praying After All These Years* offers 52 reassuring meditations that encourage readers to realize that their lives still have meaning and that aging holds opportunities for spiritual growth.

Each meditation begins with a concern, question, or insight expressed in the author's conversations with people ages 75–100. In the Perspectives section, the author provides psychological and theological insights, welcoming doubt, mystery, and the many emotions that accompany aging. Next, she invites readers to practice their faith by reflecting on some aspect of their life or undertaking an action. A brief prayer ends each meditation, opening readers to a deeper relationship with God.

This book will help older readers feel heartened and less alone as they hear about others who have walked a similar path. Readers who are caregivers will be moved to empathize with the spiritual, emotional, and other challenges their loved one faces. For readers who minister with the elderly, this resource will increase their capacity to extend empathy and compassion to individuals and groups of frail elderly people.

As they ponder these meditations, readers of any age will be encouraged to savor the life God has given them in a fresh, new way.

ABOUT THE AUTHOR

Susan Carol Scott is self-employed in private practice as a spiritual director, retreat leader, and supply preacher. She holds a Master of Divinity from Princeton Theological Seminary. An ordained clergy person in the United Church of Christ, Scott is authorized by her judicatory for specialized ministry as a healthcare chaplain and spiritual director.

THE UPPER ROOM DISCIPLINES 2020

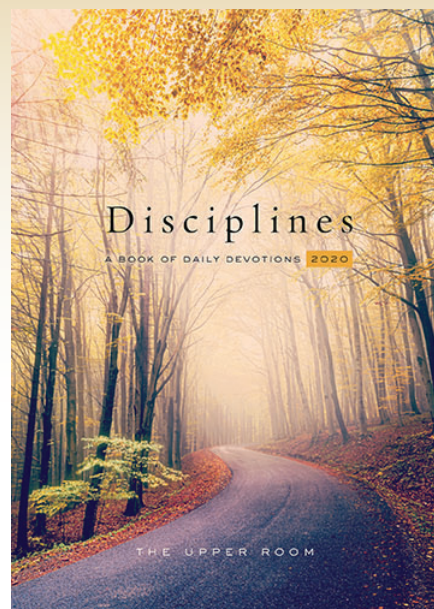
A Book of Daily Devotions

A special edition featuring writers from the beloved journal *Weavings*

Faithful readers of *The Upper Room Disciplines* know that the practice of reading and reflecting on scripture nourishes and transforms the spirit. This best-selling devotional guide offers daily, lectionary-based scripture readings and reflections. Each week of devotions focuses on a particular theme and engages readers with the lectionary texts for the upcoming Sunday.

The 2020 edition of *Disciplines* features 53 writers who contributed to *Weavings* journal, a beloved publication of The Upper Room that was taken out of print in 2017. *Disciplines 2020* contains all-new material from these writers.

Writers for 2020 include Kathleen Flood, Luther Smith, J. Barrie Shepherd, Wendy Wright, Jonathan Wilson-Hartgrove, Roberta Bondi, Michael Downey, Rachel Hackenberg, Don Saliers, Jan Johnson, Kristen Vincent, Gerrit Dawson, Marilyn McEntyre, Mark Burrows, Deborah Smith Douglas, and others.



REGULAR EDITION

PUB DATE: SEPTEMBER 2019

PAPERBACK \$14.99

978-0-8358-1873-5

PAGES: 448 TRIM SIZE: 5 X 7

RELIGION / CHRISTIAN LIVING / DEVOTIONAL



ENLARGED-PRINT EDITION

PAPERBACK \$17.99

978-0-8358-1874-2

PAGES: 448 TRIM SIZE: 7.5 X 9.25

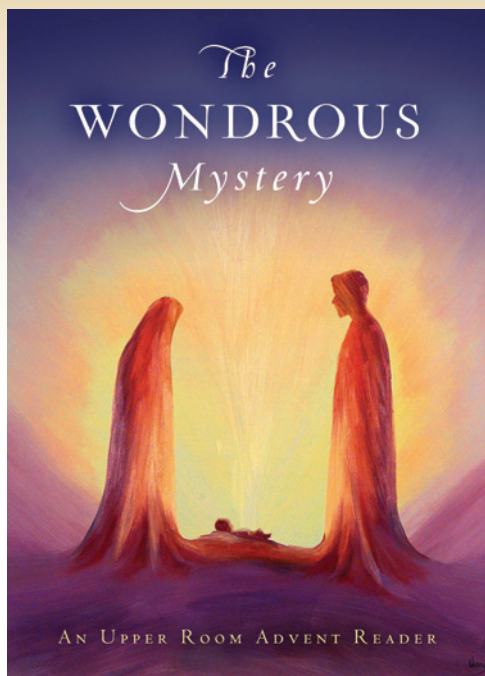


TARGET AUDIENCE

- Those seeking a lectionary-based Bible study and devotional guide
- People desiring devotions with depth and life application
- Pastors, seminary students, and contemplatives

KEY FEATURES

- Brief but thoughtful daily readings
- Each devotion is one page
- Each week contains an overview of scriptures for the coming week
- Each week includes questions and suggestions for reflection
- Available in multiple formats: regular, enlarged print, and digital



THE WONDROUS MYSTERY

An Upper Room Advent Reader

Compiled by Benjamin Howard

Daily Advent readings from *Weavings* journal

During Advent we think about a wondrous mystery: that God chose to become human and lived among us. The Savior of the world was born a vulnerable child. The king who will rule all of creation lies in a humble manger. *The Wondrous Mystery* invites readers to reflect on several paradoxes that make up the Advent season: light and darkness, peace and strife, solitude and community, simplicity and complexity.

This daily Advent reader incorporates meditations from *Weavings: A Journal of the Christian Spiritual Life*. Writers include Barbara Brown Taylor, Henri J. M. Nouwen, Esther de Waal, Walter Wink, Sue Monk Kidd, Wendy M. Wright, and other voices from *Weavings*, which wove together the teachings and perspectives of some of the finest theologians and teachers of Christian spiritual formation.

Compiler Ben Howard writes, “The glory of the Advent season is that it is irrational. It shows us a glimpse of the way that God turns the world and our expectations upside down. . . . In a season filled with the longest, darkest nights, we are told to wait for the coming of the most beautiful light.”

ABOUT THE COMPILER

Benjamin Howard is a writer and editor in Nashville, Tennessee. He holds a Master of Theological Studies from Lipscomb University.

REGULAR EDITION

PUB DATE: SEPTEMBER 2019

PAPERBACK \$9.99

978-0-8358-1889-6

PAGES: 72 TRIM SIZE: 5 X 7

RELIGION / HOLIDAYS / CHRISTMAS & ADVENT



ENLARGED-PRINT EDITION

PAPERBACK \$9.99

978-0-8358-1890-2

PAGES: 72 TRIM SIZE: 7.5 X 9.25



TARGET AUDIENCE

- Readers of *Weavings* journal
- Buyers of Advent devotionals
- Church leaders and Christian educators

KEY FEATURES

- Meditations from *Weavings* journal
- Daily reflection questions that can be used individually or with small groups
- Also available in Enlarged Print

SOUL RESET

Breakdown, Breakthrough, and the Journey to Wholeness

Junius B. Dotson

A call for all disciples of Jesus to reset and reorder their lives around spiritual practices

Everything was going fine . . . until it wasn't. For Reverend Junius B. Dotson it took an actual breakdown during a funeral for him to realize he needed a reset. As he recalls his own journey through grief, depression, burnout, and emotional breakdown, Dotson is passionate about calling for a *Soul Reset* for pastors, church leaders, and all disciples of Jesus Christ.

This is a 7-week churchwide study for everyone who moves at breakneck speed through their daily lives, often relying only on their own strength to bring God's kingdom on earth. Jesus shows us a different way, an easier, unforced rhythm of what kingdom work looks like. It's a balance of work, rest, play, worship, exercise, and eating well—spiritual practices that keep our souls hydrated and healthy as we do the work of the church in the world. Companion products for this book (available separately for purchase) include a DVD; downloadable video segments; PDFs of age-level discussion guides for children, youth, and adults; and sermon starters.

Soul Reset is a call for the church and all of Jesus' disciples to reset and reorder their lives around spiritual practices, to learn to walk through our difficult seasons with our souls connected to the source of Living Water so that we don't burn out or break down. And if we do burn out or break down, we learn to lift one another up and point one another back to Jesus.

Introduction

Chapter 1: Watch How I Do It – Jesus

Chapter 2: Knocking on God's Door – David

Chapter 3: It's Not All on Me – Mary and Martha

Chapter 4: Eat Something – Elijah

Chapter 5: Life in Crisis – Job

Chapter 6: Living in the Light – Judas and Peter

ABOUT THE AUTHOR

A recognized visionary leader in church revitalization, the [Rev. Junius B. Dotson](#) is the General Secretary (chief executive officer) of Discipleship Ministries, an international agency of The United Methodist Church. Prior to his present position, Rev. Dotson was pastor of Saint Mark United Methodist Church in Wichita, Kansas, where he was instrumental in transforming the church into a 3,500-member multicampus congregation.

COMPANION RESOURCES

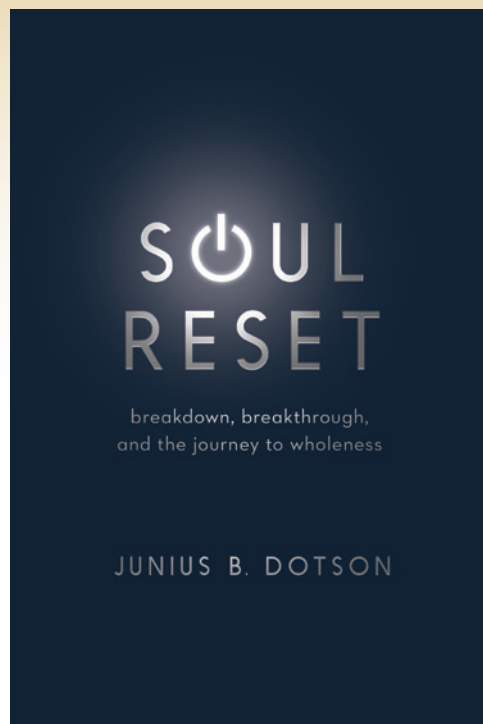
DVD: 978-0-8358-1900-8 | **\$29.99**

ADULT GROUP GUIDE PDF: 978-0-8358-1901-5 | **\$9.99**

YOUTH GROUP GUIDE PDF: 978-0-8358-1902-2 | **\$9.99**

CHILDREN'S SESSION GUIDE PDF: 978-0-8358-1903-9 | **\$9.99**

SERMON STARTERS PDF: 978-0-8358-1904-6 | **\$9.99**



PUB DATE: SEPTEMBER 2019

PAPERBACK \$14.99

978-0-8358-1896-4

PAGES: 128 TRIM SIZE: 6 X 9

RELIGION / CHRISTIAN LIVING / SPIRITUAL GROWTH

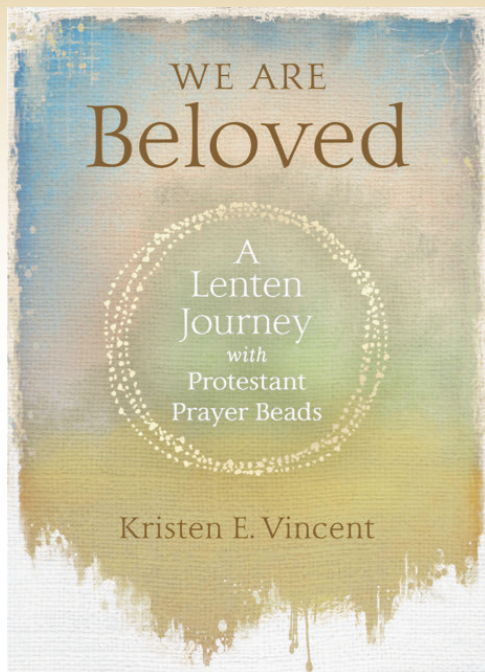


TARGET AUDIENCE

- Pastors
- Church leaders and congregations
- Pastoral care professionals
- Spiritual directors

KEY FEATURES

- Personal, authentic stories of inspiration from one of the most dynamic speakers and leaders in the church today
- Key scriptures and featured stories of Bible characters from both the Old and New Testaments
- Practical, Bible-based guidance for dealing with struggles and challenges and for living a Christ-centered life
- Questions for reflection and/or discussion with each chapter
- Companion resources available separately to present *Soul Reset* as a churchwide study



WE ARE BELOVED

A Lenten Journey with Protestant Prayer Beads

Kristen E. Vincent

We are beloved—but do we believe it?

Christians often have the head knowledge that we are beloved, but deep in our hearts do we truly believe it? When we encounter Jesus in scripture, we tend to hear Jesus’ words with judgment, thinking we cannot be beloved because we will never measure up to God’s standards. Author Kristen Vincent takes us on a journey alongside Jesus that helps break this false understanding and allows us to discover how deeply beloved we are.

This 6-week Lenten journey follows stories of Jesus’ experience of God’s love. The incarnate Son of God was made fully human, which means that Jesus had to fully mature in strength and wisdom to learn that he was beloved. Just as Jesus learned of his belovedness, we, too, can cultivate the wisdom and knowledge that we are deeply loved.

Each week begins with a scripture passage, a weekly devotion, reflection questions, an optional prayer bead experience, and a listening meditation. A Leader’s Guide for small-group study is also included.

Be transformed by God’s love this Lenten season.

ABOUT THE AUTHOR

Kristen Vincent is the owner and principal artisan of Prayerworks Studio, where she creates handcrafted prayer tools. She travels extensively to speak and lead retreats on prayer, healing from trauma, and prayer beads. Kristen has a Master of Theological Studies from Duke Divinity School.

PUB DATE: OCTOBER 2019

PAPERBACK \$11.99

978-0-8358-1893-3

PAGES: 96 TRIM SIZE: 5 X 7

RELIGION / HOLIDAYS / EASTER & LENT



TARGET AUDIENCE

- Small groups looking for a Lenten Bible study
- Christians who enjoy praying with prayer beads
- Men and women who struggle with shame and guilt and are seeking to feel God’s love more fully

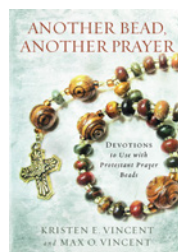
KEY FEATURES

- 6-week Bible study
- Weekly scripture readings
- Weekly devotions
- Reflection questions
- Listening meditations
- Optional prayer bead experience
- Guide for making prayer beads
- Leader’s Guide

ALSO BY THIS AUTHOR



978-0-8358-1635-9
\$13.99



978-0-8358-1372-3
\$11.99



978-0-8358-1217-7
\$11.99

